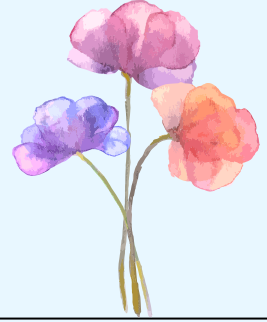
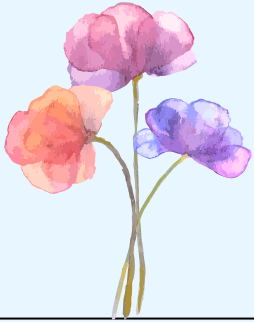


WELCOME TO OUR

Monthly Newsletter

we're so glad you're here!



Work Anniversaries

IF YOU SEE ANY EMPLOYEES LISTED BELOW, CONGRATULATE THEM ON THEIR ANNIVERSARY!

Katherine Baginski: 5 Year Anniversary (Joined 2/1/2021)

Derek Thompson: 8 Year Anniversary (Joined 2/2/2017)

Christy Koher: 6 Year Anniversary (Joined 2/5/2020)

Mark Stefanov: 2 Year Anniversary (Joined 2/13/2024)

Rondell Foster: 2 Year Anniversary (Joined 2/16/2024)

Mason Bryant: 1 Year Anniversary (Joined 2/24/2025)

New Team Members Alert

IF YOU SEE A NEW EMPLOYEE, WELCOME THEM TO THE RELINK TEAM!

Ramnil Montes: FL Warehouse Associate Joined 2/18/2026

Tre'Von Talbert: STL Warehouse Associate Joined 2/19/2026

Data/Payroll Accuracy Reminder

Accurate employee information supports benefits, payroll and compliance. Please take a moment to review all of your profiles for either benefits and/or payroll for accuracy. If any changes are made or will need to be made reach out to Human Resources as soon as possible with your updates.



Personal and Business Development Tools

INVEST IN YOUR GROWTH – INSIDE AND OUTSIDE THE OFFICE 🌱📁
"DEVELOP A PASSION FOR LEARNING. IF YOU DO, YOU WILL NEVER
CEASE TO GROW." — ANTHONYJ. D'ANGELO

Blogs

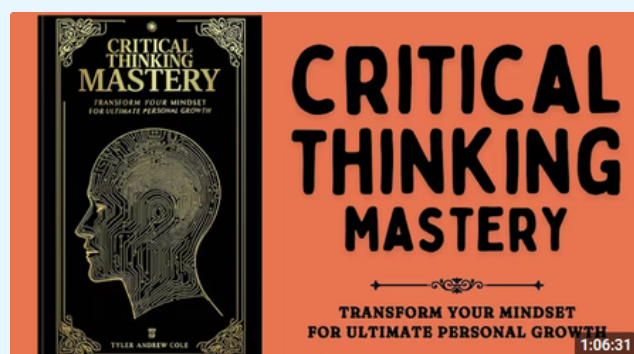
Success at work isn't about doing more; it's about focusing on what matters most and communicating in a way that drives improvement. Mastering prioritization ensures your time and energy are aligned with high-impact goals, while delivering constructive feedback strengthens performance and accountability across your team. Together, these skills create clarity, momentum, and measurable results.

**THE ULTIMATE GUIDE TO
MASTERING PRIORITIZATION**

[FIND OUT MORE](#)

**HOW TO GIVE CONSTRUCTIVE
FEEDBACK**

[FIND OUT MORE](#)



Audiobook

CRITICAL THINKING MASTERY

This audiobook is a guide to developing sharper thinking for stronger decisions and better outcomes. You'll learn how to overcome biases, challenge assumptions, embrace diverse perspectives, and build mental resilience needed for personal and professional success. Get ready to transform not just what you think but how you think.

[WATCH PODCAST](#)

Emotional Wellness Plan: Supporting Balance and Resilience

Emotional Wellness is an essential part of overall well-being and workplace success. This plan is designed to encourage awareness, healthy habits, and support – both individually and as a team.

Awareness & Check-Ins:

- Take a moment to recognize stress signals such as fatigue, irritability, or loss of focus.
- Pause regularly to check in with yourself and assess what support you may need

Boundaries and Balance:

- Set clear boundaries between work and personal time when possible.
- Step away from screens, take breaks, and use time off to fully recharge.

Communication and Support:

- Open, respectful conversations create healthier teams.
- Reach out to your manager, HR, or a trusted colleague when challenges arise – support is always available.

Healthy Daily Practices:

- Prioritize sleep, movement, and hydration.
- Small habits like a short walk or mindful breathing can significantly reduce stress.

Connection and Belonging:

- Stay connected with your team.
- Positive interactions, collaboration, and appreciation contribute to emotional well-being.

A Culture of Care:

Emotional Wellness thrives in a workplace rooted in empathy, respect, and understanding. Supporting one another helps create a healthier more resilient organization.

Enjoy working at reLink Medical?

TAKE SOME TIME TO LEAVE US A REVIEW!



INDEED



GLASSDOOR

THANK YOU FOR YOUR HARD WORK AND DEDICATION
- HUMAN RESOURCES